

# RETIREMENT PLANNING

## Questions about retirement? Get answers in this retirement planning course

Sponsored by the Canadian Labour Congress (CLC) and the Congress of Union Retirees of Canada (CURC)

Are you thinking of retiring in the next 10 years? If so, this course is a must for you and your spouse or partner.

Can you afford to retire? Are you concerned about health issues? Wonder what you will do with your free time? Do you wonder how leaving your workplace will affect your family and friends?

The course is presented by retirees who have tackled those questions and a lot more in their lives.



### COURSE CONTENT

- **Pre-retirement planning**

- Retirement goals
- Housing
- Legal planning

- **Activities & Relationships**

- **Health**
  - Staying healthy
  - Life expectancy
  - Health care benefits

- **Women in retirement**

- **Finances**
  - Sources of retirement income
  - Retirement expenses calculation

#### WHERE AND WHEN:

**SATURDAY NOV. 30 & SUNDAY DEC. 1, 2019**  
**OPSEU OFFICE, 1092 DEARNESS DR, LONDON**  
**(TIME: SAT. 9:00 TO 5:00, SUN. 9:00 TO 1:00)**

#### COST:

**NO COST**

#### FOR FURTHER INFORMATION:

**And Registration by November 8, 2019:**

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